TPS Bulletin

25 March 2024 Week 9 Term 1



A message from the Principal.....

Dear Parents and Guardians,

Thank you to all our staff, families, community and most importantly all of our fantastic students for making this term such a successful start to 2024. I have been impressed with our student's academic progression, efforts and kindness towards each other they have shown across the term.

Interschool Swimming

Congratulations to Nate and Nina for representing Tammin at the Interschool Swimming Carnival in Merredin. Well done to Nate for his first place win for the Division One Year 5/6 Boys Breaststroke race. Nina and Nate, you should be very proud of your efforts!

Kellerberrin Police Visit

Last Friday, we had a special visit from the Kellerberrin Police. We got to have a look inside their police car, see some of the equipment they use and test how fast we could run with the speed radar!

Term 1 Student of Week winners

Congratulations to each of the Student of the Week winners this term, who received this through demonstrating our Tammin Primary School positive expectations. This has been a fantastic incentive for students, and we will continue this again next term. You never know when your child will call you on the school office phone!

End of Term Rewards Day

Don't forget- This Wednesday 27th March, we will be heading to Caversham Wildlife Park together to spend the day. Please ensure you child arrives at school at 7:45am sharp. We need to ensure a timely departure in order to fit our day in. We plan to arrive back in Tammin at 5pm. Communication will be by text throughout the day for any changes. If you have any questions, please contact the office ASAP.

Term 2 Planner

Please remember to take note of the important dates set in the term planner for Term Two included in this newsletter.

I hope you all have enjoyed Term 1 and I wish you all a fun and safe holiday break. See you all again next term!

Thank you, Emma De Cinque Principal

Tammin Primary School

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- x tammin.ps@education.wa.edu.au

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Term Planner

- Wednesday 27 March -Caversham Wildlife Park Excursion
- Thursday 28 March -Last day for Term 1
- Monday 15 April -Term 2 commences
- Wednesday 24 April -ANZAC Day Assembly
- Thursday 25 April -P/H ANZAC Day
- Wednesday 1 May -P & C Meeting TBC
- Thursday 2 May -Excursion The Magical Weedy Sea Dragon
- Wednesday 15 May -School Council 7.30am
- Friday 24 May -Winter Interschool Carnival Dowerin
- Wednesday 5 June -Year 3-6 Assembly

Future Dates

2024 School Development Days

Friday 26 April

Monday 15 July

Monday 7 October

Friday 13 December

Hockey Clinic

On Wednesday 6 March our students all took part in a visiting hockey clinic. It was great to see the students learn new skills and improve ready for the upcoming Winter Carnival in Dowerin next term.









Interschool Swimming Carnival

Our qualifying students joined with Meckering Primary School and Merredin College to take part in the Interschool Swimming Carnival at the Merredin District Olympic Pool on Friday 8 March. Nina and Nate both swam very well and represented Tammin Primary School proudly.









Voluntary Contributions 2024

Your contributions will be used to supplement school funding for example—School incursions and excursions, extra resources to support and extend learning programs etc.

Total Payable \$50

For more than one child attending TPS, a contribution discount applies:

2 Children \$90.00 3 or more Children \$120.00

Payment Options

EFT Tammin Primary School

BSB: 086 732 AC: 508369140

Reference: Students name







A note from the School Health Nurse

Personal hygiene

Ensuring children have good hygiene is one way to prevent illness. Here are some tips for helping children maintain good hygiene:

- Wash hands before and after touching food, and after going to the toilet, touching animals or being around someone who is coughing or has a cold.
- Wash body daily and keep hair clean.
- To prevent body odors, change clothes regularly and use deodorant if necessary.
- Change underwear and socks daily, and leave shoes outside to dry.
- To prevent bad breath, brush and floss teeth and visit the dentist regularly.
- If ill, try not to cough or sneeze on others, clean things that you touch, and throw away things with germs on them (like tissues).

Body image - tips for helping your child have a healthy body weight and a healthy body image

- Be a positive role model and encourage healthy eating and physical activity, by providing healthy meals and snacks and getting active.
- Organise fun, family activities which encourage everyone to be active.
- Help children to see 'treat' foods, such as lollies, biscuits, chips, cakes and ice cream, as food which should be eaten only occasionally not every day.
- Help your children to understand that there is no such thing as an ideal body shape and that 'healthy' people come in many shapes and sizes.
- Help your children feel special about themselves. Provide rewards and treats which are not food.
- Teach children that a person's value is not determined by how they look.
- Avoid making comments about body weight. Focus on growth, not on scales.
- Don't focus on weight and food restriction focus on improved health, fitness and having fun

Should you require further information about hygiene or body image, go to http://raisingchildren.net.au.

Alternatively please contact your School Health Nurse, **Aimee Leeson** on **0400 182 654.**



Circle of Security® Parenting™

A Relationship-based Parenting Program

Circle of Security Parenting (COSP) is a FREE 8-session series that focuses on supporting and strengthening parent-child relationships and teaches new ways to understand and respond to your child's needs. It is based on decades of attachment research, and allows parents to learn, understand, and make mistakes without judgement.

The program will foster not only healthy relationships between parents and children, but lifelong benefits for the child.

No cost. Bookings essential.

To Register:

T: 0447 622 736

E: WheatbeltPCWA@wanslea.org.au

When: Mondays 10.00am – 12:00pm Starting 29 April 2024 Runs for 8 weeks Where: Online

Supported by







The WA Student Assistance Payment

Helping you get the things you need for your kids.

\$150

For each Kindergarten and primary school student

\$250

For each secondary school student

To help ease cost-of-living pressures on families with school-aged children, the State Government is offering the WA Student Assistance Payment.

This payment is to help you get the things you need for your kids. From new school shoes, backpacks and sports equipment to uniforms, healthy meals, school excursions and more.

Get ready to claim

Download the ServiceWA app to your mobile device.

Available from the Apple App Store or Google Play Store.

Locate the student's 8-digit WA student number (WASN).

You'll find it on:

- school reports
- previous NAPLAN results
- secondary student's SmartRider

If you have trouble locating the number, contact your school for assistance.

Claims open Monday 15 April

For more information about the WA Student Assistance Payment and how to claim, go to education.wa.edu.au/wasap



TERM 2 2024 PLANNER

	Monday	Tuesday	Wednesday	Thursday	Friday	SAT	SUN
	15 Term 2 Commences	16	17	18	19	20	21
	22	23	ANZAC Day Assembly	25 ANZAC Day	26 Staff Development Day	27	28
	Red cross Incursion	30	1 May P & C Meeting TBC	2 The Magical Weedy Sea Dragon Merredin	3	4	5
	6	7	8	9	10	11	12
	13	14	15 School Council 7.30am	16	17	18	19
	20	21	National Simultaneous Storytime	23	24 Winter Interschool Carnival – Dowerin	25	26
	27	28	29	30	31	1Jun e	2
	3 WA Day	4	5 Assembly Yr 3-6	6	7	8	9
	10	11	12	13	14	15	16
0	17	18	19	20	21	22	23
1	24	25	26	27	28 End Term 2	29	30
	1 July	2	3	4	5	6	7