## **TPS Bulletin**

12 May 2023 Week 3 Term 2



A message from the Principal.....

Dear Parents and Guardians,

Welcome back to another busy term at Tammin Primary School! It has been a great first few weeks back for our students.

#### AFL

Students have been participating in AFL clinics with Jarrad from Sporting Schools on Monday afternoons in weeks 2-5. They have loved learning different skills and participating in football games together.

#### Snowy and the Seven Cool Dudes

On Tuesday 9th May, Tammin students went on an excursion to Kellerberrin Hall to watch the stage show Snowy and the Seven Cool Dudes. We had a great time watching the show and enjoyed lunch and a play at the park.

#### QUOTES FROM KIDS—What did you like about the play?

Xavier: When Snowy White was sleeping and the tiger came and it made us all scream. Mason: At the end I liked doing rap dancing.

Axl: When the Queen was yelling at the silly mirror.

Matilda: When the mouse was in the mirror, we were all surprised and we screamed. Ruby: I liked the koala when he did the floss and he was pointing at us. Tyler: I liked it when the tiger scared Snowy White and she ran away.

#### Winter Carnival

In week 5, the Year 3-6 students will be attending the Winter Carnival in Dowerin, where they will be involved in games of hockey, netball or football alongside Meckering Primary School. We look forward to seeing lots of Tammin faces cheering them on!

#### School Council

Reminder: we have our Term 2 School Council meeting on Wednesday 24th May at 7:30am.

Thank you,

Emma De Cinque Acting Principal

Tammin Primary School

Ridley Street, Tammin WA 6409

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#### **Term Planner**

- Wednesday 24 May— School Council Meeting
- Friday 26 May— Winter Interschool Carnival
- Wednesday 31 May— P & C Meeting TBC
- Monday 5 June—
  P/H WA Day
- Wednesday 14 June— Yr 3-6 Assembly
- Wednesday 21 June— Kellerberrin Cross Country & Colour Run
- Thursday 22 June— West Coast Fever Cup
- Friday 30 June— Last day for Term 2

#### **Future Dates**

2023 School Development Days Friday 2 June Monday 17 July Monday 9 October Friday 15 December



# Football Clinic



All students from K-6 have been enjoying a football clinic each Monday afternoon run by Jarrad. They have been learning some new skills and techniques all whilst building gross motor skills. We are very fortunate for grant funding through Sporting Schools to help with associated costs to have such incursions and all students thoroughly enjoy the sessions each week.















Thank you Jack & Mrs Dyer for proudly representing Tammin Primary School at the town ANZAC Day Service.







On Thursday 4 May, Constable Care came to visit Tammin Primary School. They came with the aim of bullying prevention. The interactive show helped our children develop pro-social skills and supported them in creating and promoting a culture of respect and consideration amongst their school community.

The performance encouraged the year 3-6 students to think about how their behaviour can affect other people. It also helped them build confidence to apply in social situations, making friends and developing resilience.

The K—2 Students learnt all about road rules and how to get to and from school safely. The students really enjoyed the interactive performance with all the different puppets.



#### Snowy and the Seven Cool Dudes – Excursion to Kellerberrin

On Tuesday 9 May, all students from Kindergarten to Year 6 hopped onto busses and headed to Kellerberrin on an excursion. We went to the Kellerberrin Hall and enjoyed a wonderful interactive show called 'Snowy and the Seven Cool Dudes'. During the performance, the students enjoyed the opportunity to role-play as some volunteers were invited on stage to become a variety of characters – including the cool dudes! Well done to Nina and Chase for being brave and going up on stage in front of so many people. The off-stage action continued with singing and dancing for the rest of the audience. The message from the play was about making better food choices, while keeping fit and healthy! Afterwards, we enjoyed lunch and a play at the local park before heading back to school.











We celebrated all of the wonderful mums, grandmas, nannas, aunties and special ladies on Thursday with a cooked pancake breakfast. It was a lovely morning sitting out the front of school spending some quality time together eating delicious food, drinking warm drinks and reading some lovely books. Thank you to all of the parents/carers that made it in for the morning – the students appreciated it.

































### A note from the School Health Nurse

Welcome to Term 2! My name is Aimee and I am the School Health Nurse who visits your school.

School Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focused on early intervention and the School Entry Health Assessment program. Additionally, the nurse can be contacted at any time throughout primary school if you have concerns about your child's health, development or wellbeing.

School Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. They also work in partnership with schools to support teachers in health related curriculum and can assist in the development of health care plans for students with complex and chronic health needs.

The services provided are free and confidential. Look out for information from me offering handy health advice in the School Newsletters or via your Child's Teacher. The first topic is Mindfulness! Please contact me on **(9690 1320 or <u>Aimee.Leeson@health.wa.gov.au</u>)**.

#### Mindfulness

We can often spend time with full and tangled thoughts constantly whirling around our minds and then we miss the joy of the present moment. When you're mindful, you're able to pay attention to the present moment, and not get swept up thinking about the past or worrying about the future.

Mindfulness has been shown to help manage stress, build resilience and compassion, improve focus at work or in the classroom and can help with creativity and collaboration.

Adults and children can benefit from mindfulness, especially those who have a busy or restless mind or are experiencing stress, anxiety or other mental health issues.

To learn more about mindfulness for children and young people go to https://www.kidsmatter.edu.au or http://au.reachout.com . If you would like to try an online mindfulness meditation program for yourself or your child check out Smiling Mind (https://www.smilingmind.com.au).

#### **Undescended testes**

Screening for undescended testes is recommended for boys at school entry (~4-5 years of age). Around 2-4% of boys have an undescended testes at birth. But sometimes the testes (also known as testicle) is in the scrotum at birth but is pulled up into the groin or abdomen at around 4-10 years of age. This happens because the cord that attaches the testicle to the abdomen doesn't grow at the same rate as the child.

Undescended testes don't fully sit within the scrotum. The condition isn't painful but can increase the risk of several other health issues such as decreased fertility and testicular cancer. For those boys who develop an undescended testicle later in childhood, the 'ascending' testicle often needs surgery between 5 years and 10 years. Please read through the information about undescended testicles provided by Raising Children Network and

encourage your child to check themselves as described there.

If you have any concerns, please contact your General Practitioner or Community Health Nurse.



# BECOME A PART OF THE MOST ENGAGED DADS GROUP IN AUSTRALIA

#### www.australiandadsnetwork.com.au

#### WHEATBELT TOUR LOCATIONS:



#### Monday, 15th May

Connection Creates Change: Nurturing Supportive Networks for Dads @ York Town Hall - 81 Avon Terrace, York 7.00pm - 8.00pm



#### Tuesday, 16th May

Building Strong Connections: Fostering Connection and Self-Compassion @ Toodyay District High School - Drummond Street East, Toodyay 11.00am - 12.00pm

Connection Creates Change: Nurturing Supportive Networks for Dads @ St Josephs School Performing Arts Building - 1 Lance Street, Northam 7.00pm - 8.00pm

#### Wednesday, 17th May

Explore how self-compassion and self-care practices can empower Dad's and enhance their relationships with their children and partners @ Bruce Rock CRC - 40/42 Johnson Street, Bruce Rock 1.30pm - 3.00pm

Connection Creates Change: Nurturing Supportive Networks for Dads @ Merredin College - Woolgar Avenue, Merredin 7.00pm - 8.00pm



#### Thursday, 18th May

Building Strong Connections: Fostering Connection and Self-Compassion @ WACoA Narrogin Campus - 3.00pm - 4.00pm (Year 10 Students Only)

Connection Creates Change: Nurturing Supportive Networks for Dads @ Narrogin Hawks Football Clubroom - Clayton Road, Narrogin 7.00pm - 8.00pm







### TERM 2 2023 PLANNER

Monday	Tuesday	Wednesday	Thursday	Friday	SAT	SUN
17	18	19	20	21	22	23
24 Term 2 Commences	25 ANZAC Day	26 ANZAC DAY Assembly 9am	27	28	29	30
1 May Football Coaching	2	3	4 Constable Care Incursion	5	6	7
8 Football Coaching	9 Kellerberrin Excursion	10	11 Mothers Day Event	12 Newsletter	13	14
15 Football Coaching	16	17	18	19	20	21
22 Football Coaching	23	24 School Council Meeting 7.30 am Simultaneous Storytime	25	26 Winter Interschool Carnival - Dowerin National Sorry Day	27	28
29	30	31 P & C Meeting TBC	1 June Newsletter	2 Staff Development Day	3	4
5 WA Day	6	7	8	9	10	11
12	13	14 Yr 3-6 Assembly	15	16	17	18
19	20	21 Kellerberrin Cross Country & Colour Run	22 West Coast Fever Cup	23 Newsletter	24	25
26	27 Reports home	28	29	30 Term 2 Finishes	1 July	2
3	4	5	6	7	8	9