



Tammin Primary School

📍 Ridley Street, Tammin WA 6409

☎ 08 9623 4080

✉ tammin.ps@education.wa.edu.au

[tamminps.wa.edu.au](http://tamminps.wa.edu.au)

## SUN PROTECTION POLICY

### RATIONALE

Skin damage, including skin cancer, is the result of cumulative exposure to ultraviolet radiation (UV) from the sun. UV damage begins to accumulate during childhood and adolescence and is associated with an increased risk of skin cancer later in life. As students and staff are at school during times of peak UV radiation, schools play a major role in providing an environment that minimises exposure and encourages long-term sun protective behaviours.

Our sun protection policy has been adopted to ensure that all students, staff, parents and visitors attending Tammin Primary School are protected from skin damage caused by UV radiation from the sun. This policy is to be implemented when the forecast average monthly UV Index in our area is 3 or above (available from [www.bom.gov.au](http://www.bom.gov.au)). Throughout Western Australia, UV levels reach 3 or above during all school terms. The sun protection practices outlined in this policy will be applied to all school activities, including sports carnivals, excursions and camps. Provisions will be made for students who do not have adequate sun protective clothing or hats and these students will not be excluded from play or physical activity, though activities may be restricted to shaded areas.

### PROCEDURES AT TAMMIN PRIMARY SCHOOL

#### Scheduling Outdoor Activities

- Where possible, we schedule outdoor activities such as assemblies, outdoor lessons, sport and physical education to occur when the UV Index is below 3. When this is not possible activities are scheduled as far from 12 noon as possible to avoid peak UV times.
- When outdoor activities are scheduled at times when the UV Index is 3 or higher, maximum use is made of shade, sunscreen, and hats to protect students and staff.
- We require students, staff, and parent helpers to wear broad-brimmed, bucket or legionnaires style hat, sun protective clothing and sunscreen for all camps, sports and excursions. These items will be listed on the parent permission form.

#### Shade

- We ensure there is adequate provision of shade within the school grounds for students and staff, particularly in areas in high use areas, for example, popular play areas, where children eat lunch, canteen, and outdoor lesson areas.
- We encourage staff and students to use shaded areas when outside.
- Students who do not have appropriate hats or sun protective clothing are asked to play in the shade or a suitable area protected from the sun.
- We ensure that adequate shade is provided at sporting carnivals and outdoor events.
- Shade provision is considered in plans for future buildings, grounds and playground equipment.

#### Hats

- We require students and staff to wear a broad-brimmed, bucket or legionnaires style hat that protects the face, neck, ears and crown of the head whenever they are outside.
- Students without hats will remain protected from the sun and encouraged to play in shaded areas.
- We encourage parents and visitors to wear broad-brimmed, bucket or legionnaires style hats when participating in and attending outdoor school activities.

#### Clothing

- Cool, loose-fitting sun protective clothing is included in our school uniform. It includes shirts with collars and elbow length sleeves, and longer dresses and shorts.





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- Staff and students are required to wear a rash vest or similar top for swimming/water activities (may not be appropriate for short periods of competitive swimming)

### Sunscreen

- Sunscreen is available and accessible to staff and students in classrooms and in the office.
- All students and staff will apply SPF30 or higher broad-spectrum water resistant sunscreen 20 minutes before going outdoors e.g. prior to school, before lunch, PE lessons, sports, excursions etc.
- Staff will ensure that sunscreen is reapplied to the students and themselves every two hours or more frequently if it is washed or wiped off.
- Sunscreen will be stored in a cool place, out of the sun.
- We will monitor the expiry date of sunscreen and discard when out of date.

### Role modelling

- To support health and safety legislation, staff are required to wear sun protective hats when supervising students.
- Staff, students and visitors will act as positive role models and demonstrate SunSmart behaviour when attending school by:
  - wearing sun protective clothing
  - applying SPF30 or higher broad-spectrum water resistant sunscreen
  - wearing a sun protective hat (broad-brimmed, bucket or legionnaires style)
  - using and promoting shade

### Education and the School Community

- Programs on sun protection are included in the curriculum for all year levels.
- Sun protection procedures is communicated to staff, families and visitors via newsletters and assemblies.
- Families and visitors are encouraged to role model sun protection measures when attending outdoor activities.

### **EVALUATION**

The sun protection policy will be made available to staff and parents. Administrators will review the effectiveness of this policy each year and make any necessary changes. They will:

1. Review the SunSmart behaviour of students, staff, parents, and visitors and make recommendations for improvement.
2. Assess shade provision and usage and make recommendations for increases in shade provision.
3. Update and promote curriculum material relevant to SunSmart activities.

Date: 1.03.23 Signed: [Signature] Position: Principal

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Visit [www.GenerationSunSmart.com](http://www.GenerationSunSmart.com) to receive FREE resources. The Generation SunSmart website provides all educators with online workshops offering helpful information, tips and practical ideas about sun protection education, content delivery and sun protection in schools

