

TPS Bulletin



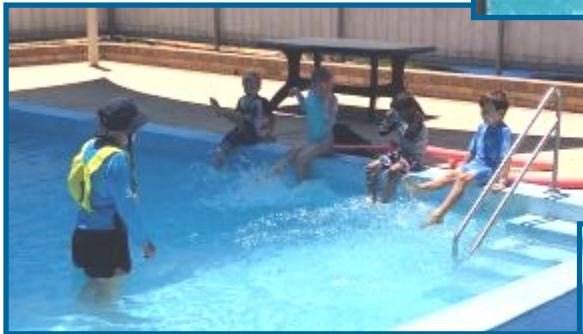
Swimming Lessons

30 November 2021
Week 8 Term 4



**Thankyou
Mrs Bradley**

**for driving the bus to
swimming lessons.**



Reminder

Learning Journey is on this
Wednesday 5.30pm-7pm.

Free sausage sizzle

Term Planner

- Monday 22 November to Friday 3 December—Interm Swimming Lessons
- Wednesday 1 December—Learning Journey, 5.30pm-7pm
- Wednesday 8 December—Year 6 Graduation Afternoon Tea
- Tuesday 14 December—End of Year Presentation Evening
- Thursday 16 December—Last Day of Term 4

Student of the Week



Awarded to Sophie Packham for writing an amazing fractured fairy-tale. You showed great determination to improve your writing and your hard work is paying off. Well done, Sophie!



5 steps to positive parenting

There are so many opinions and theories about raising kids. So how do you know what's best and what works?



Find out more about the five steps to positive parenting



Five steps to positive parenting

The Triple P – Positive Parenting Program has more than 35 years' research to back it up. These are Triple P's five steps to a happier family life.

- 1 Create a safe, interesting environment**
 Children need to play and explore their world so remove potential dangers from your home and teach basic safety. Provide plenty of interesting things for kids to do.
- 2 Have a positive learning environment**
 When your child comes to you for help or to talk, they're ready to learn. Give them positive attention, even if only for a minute or so.
- 3 Use assertive discipline**
 Children do best in a predictable, stable environment so set clear rules and boundaries and follow through with appropriate consequences. Encourage behaviour you like with praise.
- 4 Have realistic expectations**
 Nobody's perfect – children or adults – so don't expect your child to do more than they're capable of. And remember, all parents make mistakes sometimes.
- 5 Take care of yourself as a parent**
 It's all about balance. You've got to look after your own needs too so make sure you're getting some support, time with friends, fun – and maybe even a little time to yourself!

To find out more:
www.triplep-parenting.net.au/wa

Triple P provides simple ideas to help you raise confident, healthy children and build stronger family relationships.

New Staff Member



We would like to introduce and welcome Troy Cook to our staffing team here at Tammin Primary School. Troy has taken on the role of Gardener and we look forward to Troy supporting and maintaining our school grounds.

Pop-up COVID-19 vaccination clinic - Pfizer

Tammin Town Hall
 3 Donnan Street, Tammin

Thursday 9 December
 10:00am - 3:30pm

To save time at the clinic, register on Vaccinate WA



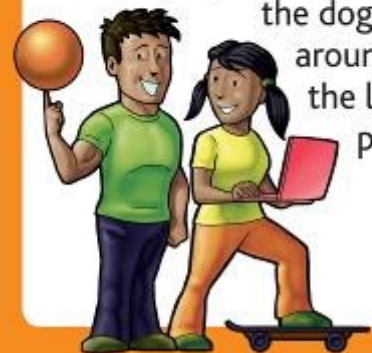
Roll up for WA
 COVID-19 Vaccination



Government of Western Australia
 WA Country Health Service

Keep active!

Physical activity improves kids performance and behaviour at school. An active body makes an active mind. Plan to walk at least one way every day to or from school, play outside, walk the dog or run around at the local park.



superherofoodshq.org.au