

TPS Bulletin

9 February 2021
Week 2 Term 1



Tennis Practice

For the first three weeks of school, we will be practicing and playing tennis in our Physical Education lessons. Tennis has also become a popular lunch time activity for the students. Here are some photos of our first tennis lesson at the Shire courts.



Term Planner

- Thursday 18 February 9am—Assembly and Welcome Breakfast
- Friday 26 February—Swimming Carnival
- Monday 1 March - Public Holiday
- Tuesday 2 March—Country Schools Tennis Classic
- Friday 12 March—Interschool Swimming Carnival
- Thursday 1 April—Last day for Term 1
- Friday 2 April—Public Holiday

Future Dates

2021 School Development Days

Friday 4 June, Monday 19 July, Monday 11 October, Friday 17 December

Student Leaders

Congratulations to our elected leaders for 2021 : Kaylee (Citizenship), Bianca (NAIDOC), Lincoln (Technology), James (Sports), Sam (Sports), Sophie (North Bus), and Nick (South Bus). They will be presented their badges at the first assembly on Thursday 18, with the welcome breakfast in Week 3.

Student of the Week

Brody Button—For having a great start to year 2 and for being a role model to the younger students.

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The Power of Positive Parenting Free Seminars for Parents

All parents want to have a positive relationship with their child. Sometimes this can be challenging when children are demanding, disobedient, defiant, throw temper tantrums or are generally disruptive.

Parents are invited to attend free parenting seminars to learn:

- Effective parenting strategies
- Ways to encourage positive behaviour
- How to promote your child's development
- Practical, effective ways to prevent or manage common child behaviour problem

Triple P suggests simple routines and small changes that can make a big difference to your family. These parenting seminars will leave you feeling more confident to deal positively and effectively with common child behavioural and emotional issues. Each 90 Minute seminar includes a presentation and an open discussion and question time. **Parents may choose to attend just one, two or all three of the following seminars:**

Seminar 1: The Power of Positive Parenting (Tues 16 th Feb 2021 9.30am – 11am) This seminar introduces parents to the five core principles of positive parenting: 1. Ensuring a safe, engaging environment 2. Creating a positive learning environment 3. Using assertive discipline 4. Having realistic expectations 5. Taking care of yourself as a parent

Seminar 2: Raising Confident, Competent Children (Tues 23 rd Feb 2021 9.30am - 11am) This seminar shows parents how to use positive parenting principles to teach children important values and skills, to enable them to do well at school and beyond.

Seminar 3: Raising Resilient Children (Tues 2 nd Mar 2021 9.30am - 11am) This seminar discusses how parents can help their children learn skills to manage their emotions. Parents will learn practical ways to help children recognise and accept feelings; express their feelings appropriately, develop coping skills, and deal with upsetting or stressful events.

Seminars are being held at Cunderdin District High School. 9am for a cuppa. Seminars start at 9.30am and will finish by 11am.

Register your interest by contacting School Nurse Donna Jasper on 96352216 or by email to donna.jasper2@health.wa.gov.au A crèche facility may be provided if needed. www.triplep-parenting.net

A message from the Principal.....

Tammin Primary School is committed to developing Behaviour Education and Self-Management (BESM) in students. We embrace a values-based approach that underpins our school culture. We believe that students come to school to better themselves by being able to work with others. Students need to pursue their personal best no matter who they work with. Therefore, as teachers and parents it is imperative that we have a clear focus on this and to role model rational, emotionally regulated behaviour.

Students with well-developed social and emotional skills find it easier to manage themselves, relate to others, develop resilience and a sense of self-worth, resolve conflict, engage in teamwork and feel positive about themselves and the world around them. The development of personal and social capability is a foundation for learning and for citizenship.

Our Behaviour Education and Self-Management starts first thing in the morning with a 'game' played by the class or whole school together (a big advantage of being a small school). The game is designed to warm up the body and mind, ready for the day's learning. However, the games themselves are not the focus, but a conduit to experience the Virtues of Good Manners, Friendliness, Courage, Tolerance, Compassion, Persistence and Resilience. By focussing on the skills of self-awareness, self-management and social awareness, we aim to put students in control of their thoughts, feelings and actions.

The other important part of our BESM philosophy is the Yarning Circle, where the class can talk through issues that are happening in the school, and students are encouraged to come up with strategies to resolve these issues. The process has a clear focus on raising empathy and giving an authentic student voice. As teachers, we might make perceptive observations that will lead students to awareness. By implementing careful questioning and respectful suggestions we encourage more meaningful conversation around students' behaviour.

This week I will focus on the acknowledgment and reinforcement of good manners in our school community. Manners are simple things like saying "Please", "Thank You", knowing a person's name and asking them how they are. Manners help create the tone and culture of a school and of our wider society. In the Yarning Circle, students have the opportunity to acknowledge each other for the different Virtues. This is a powerful tool to help develop pro-social behaviour, become more optimistic and self-aware, and highlights the benefits of working together.