



TPS Bulletin

Term 2, Week 2

8 May 2018

Luke Kennedy

On Thursday 10 May, motivational speaker Luke S. Kennedy will speak with the year 4-6 class on bullying. Luke will focus on bullying prevention (self bullying and self care) and resilience. A text was sent home today if you wish for your child to opt out of this 50 minute session.

You can find more information on Luke at his website:

<https://www.lukeskennedy.com>

Coming up...

- ⇒ Thursday 10 May- Luke Kennedy- Anti Bullying talk
- ⇒ Tuesday 15 to Thursday 17 May NAPLAN
- ⇒ Friday 18 May—National Walk Safely to School Day
- ⇒ Monday 4 June -WA DAY public holiday School closed.
- ⇒ Friday 8 June Primary Winter Carnival Yr 4-6
- ⇒ Thursday 28 June—Term 2 Assembly
- ⇒ Thursday 28 June—Barry Peters visit

Scholastic Bookclub

The latest bookclub is due back to the school by TUESDAY 15 May. If your child has a school voucher they would like to use, please place your order through the office, not online.

P & C Sausage fundraiser every Wednesday.

Sausages \$2/icy poles \$1

NAPLAN

NAPLAN will commence for all students in years 3 and 5 next week. Testing will take place on the mornings of Tuesday, Wednesday and Thursday. If you require further information, please contact the school with any queries.

PORTFOLIOS

Term 1 portfolios need to be returned as soon as possible please. Staff require the portfolios for reporting. Thank you to those who have returned portfolios so promptly.

Student of the Week

Congratulations Milly!



Keeping teeth clean

Plaque is a sticky, almost invisible film of bacteria that builds up on teeth and the gum line. It forms continuously and if teeth are not brushed, plaque will form a thin layer within 24 hours.

Plaque needs to be removed every day. If not, a hard material called calculus forms on and between teeth. To clean teeth use fluoride toothpaste. For children with dysphagia, absent 'gag' reflex or PEG feeds, use non-foaming toothpaste.

Remember:

- Brush teeth at least twice a day and supervise your child if they brush independently.
- Speak to a dental therapist about which type of tooth brush is best for your child.
- Use a pea size amount of fluoride toothpaste to clean teeth and spit it out after brushing. Toothpaste should not be swallowed, if your child is unable to spit talk to your dentist about using a fluoride gel to clean your child's teeth.
- Do not rinse with water after brushing teeth.
- If your child food pouches, make sure their mouth is empty after each meal.
- Older children should floss their teeth daily. A floss holder can assist parents/ carers to floss children's teeth.

Chlorhexidine mouthwash can be applied to teeth using a toothbrush or cotton swab.

If you have any questions about dental health for your child discuss with your Community Health Nurse

Quick Tip

Brushing teeth twice a day, using fluoride toothpaste, eating a healthy and nutritious diet, and having regular dental check-ups with the dentist are essential steps towards preventing tooth decay.

For more information about dental care for your For more information about dental care for you child visit: http://raisingchildren.net.au/articles/dental_care_school_age.html

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Recipe Link

<https://livelighter.com.au/Recipe/534/bean-burritos-3-2-1>