



TPS Bulletin

Term 1 Week 8

26 March 2019

CONGRATULATIONS! Welcome Ebony Jones!

We offer our warmest best wishes and congratulations to Miss Yearsley and Mr Jones on the arrival of their little girl **EBONY KAYLA JONES** on Monday 18 March weighing healthy 3540g! We hope to see Ebony visit Tammin with her mum and dad soon.

Appointments

Appointments with teachers are currently being booked for week 9 of this term. Please make an appointment through your child's diary or by phoning the office and a message will be passed on to the class teacher.

Assembly

The term 1 year 5/6 assembly will be held this **Thursday 28 March** at 9:00am in the undercover area.

Coming up...

- ⇒ Thursday 28 March - Breakfast Club
- ⇒ Thursday 28 March - Year 5/6 Assembly 9:00am
- ⇒ Friday 12 April - Final day term 1, student portfolios home

STUDENT OF THE WEEK -week 7

Xavier

CONGRATULATIONS Xavier!

STUDENT OF THE WEEK -week 8

Daniel

CONGRATULATIONS Daniel!

Tammin P & C Association

Fundraising **SHOPPING BAGS** are still available for **\$5** each. Please ask at the school office or an order form can be found on the school website.

COME AND JOIN US

TAMMIN FUSE FESTIVAL

FREE COMMUNITY EVENT

ENTERTAINMENT FOR ALL AGES

MARKETS, RIDES, FOOD AND MORE

APRIL 6TH, 2019

11AM - 4PM

DONNAN PARK

TAMMIN TOWN OVAL

For more information please
contact the Shire of Tammin

9637 0300

STALL HOLDERS

WANTED



Applications available via email cdo@tammin.wa.gov.au or
online <https://form.jotform.co/90201073856856>

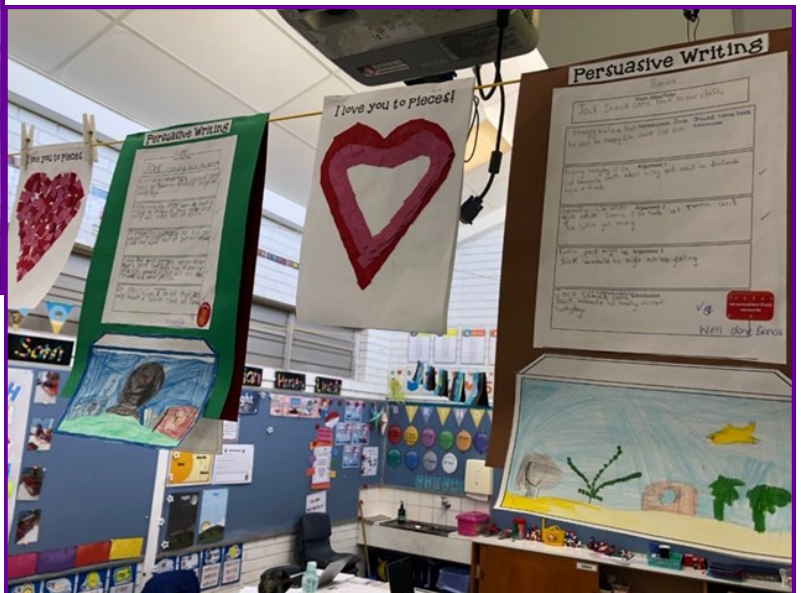
lotterywest
supported

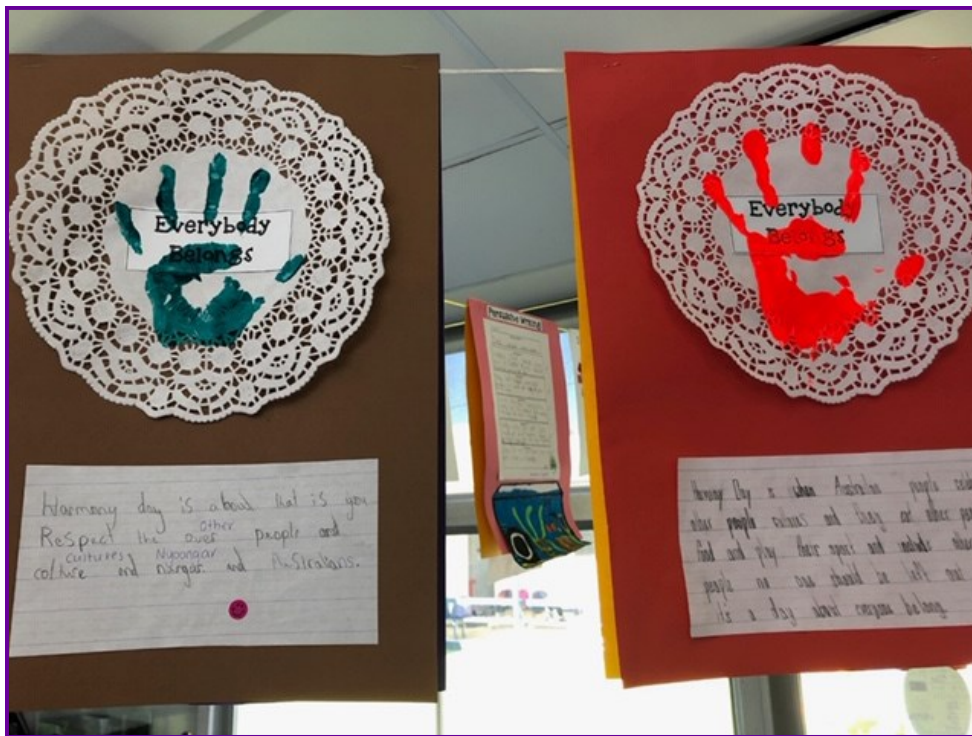
Year 3/4 Classroom with Mrs Haythornthwaite

Over the past couple of weeks, we have been very busy. In dance, we have been enjoying creating our own dance sequences in groups. In sport, we have been practicing our fundamental movement skills and we have even been practicing skipping at recess and lunch time.



In week 6, we wrote our first persuasive text. We had to persuade Mrs Haythornthwaite to bring our pet fish 'Jock' back to our classroom aquarium. We are happy to have Jock back in our classroom again with his friend Lucky Day.





Last Thursday, the 21st of March, was Harmony Day. We learnt about what Harmony Day is and listened to music from different cultures. We created 'Everyone Belongs' posters with our hand prints and wrote our very own definition of what Harmony Day means to us.



Interschool Swimming Carnival

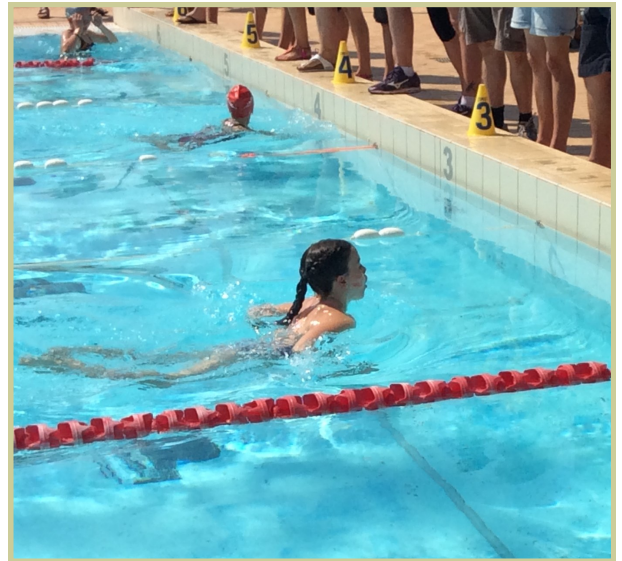
OVERALL POINTS

	Primary			Perpetual			Handicap	
	Points	Place		Points	Place		Points	Place
Cunderdin	94	3	Cunderdin	202	4	Cunderdin	228	4
Meck/Tam/Mdn	86	4	Meck/Tam/Mdn	336	1	Meck/Tam/Mdn	336	2
Wyalkatchem	52	6	Wylie/Muka	141	5	Wylie/Muka	141	6
Quairading	168	1	Quairading	210	3	Quairading	325	3
Kellerberrin	83	5	Kellerberrin	116	6	Kellerberrin	185	5
Dowerin	141	2	Dowerin	244	2	Dowerin	352	1

WINNERS

	Primary			Perpetual			Handicap	
	Points	Place		Points	Place		Points	Place
WINNER	Quairading	168	WINNER	Meck/Tam/Mdn	336	WINNER	Dowerin	352
Runner Up	Dowerin	141	Runner Up	Dowerin	244	Runner Up	Meck/Tam/Mdn	336

Congratulations to our Interschool swimmers Sam, Griffen, Lincoln, Alex, Mitch, Sophie, Brooklyn, Alexis and Clare. We brought home the Perpetual Shield which is on display in the office for a short time before we share it with Meckering and Merredin.





Sunsmart Tennis Classic 2019



Clare	Alexis
Brooklyn	Mitch
Alex	Campbell
Rohan	Noah



On Thursday 14 March selected students from the senior room competed in the 2019 Sunsmart Tennis Classic at the Beverley Tennis Club. Team A was successful in gaining third place overall. All students should be extremely pleased with their efforts, the sportsmanship displayed by all of the Tammin students was outstanding. Our supervisor Mrs Bradley said the encouragement and kindness shown from our players to their opponents was heartwarming. They continually encouraged their opponents to have another try when they were down. This exceptional display of sportsmanship and kindness was very much noticed by staff and parents from other schools. Mrs Bradley said it was a really proud moment to be part of this event and watch our students thrive doing something they all enjoy and competing fairly and to the best of their ability. Well done to Clare, Alexis, Mitch, Noah, Campbell, Rohan, Brooklyn and Alex. We here at Tammin Primary School are incredibly proud of you all. Thanks to all parents for assisting on the day with transport and scoring, we really appreciate your support!







TRIPLE P NEWSLETTER

Dealing with disappointment

By Professor Matt Sanders

Despite what certain sport shoe commercials might have you believe, life isn't always about winning.

It is equally important for the development of healthy self-esteem that children learn how to deal with disappointment.

As a reaction to not getting what they want, such as being chosen for a team, children may sometimes put themselves down, saying things like: "I'm dumb", "you hate me" or "I'm just stupid". If this happens, try to avoid being too sympathetic. Instead encourage your child to try again after the set-back and to enjoy the activity or game even if they aren't the winner.

Rather than simply reassuring your child that everything will be okay, you can help your child develop their own sense of worth by letting them know that you understand their feelings of disappointment and that you are there to help them work out a reasonable way of dealing with that disappointment.

Remember too, when you're helping your child with an activity or with homework concentrate on effort not results. Praising your child for trying and making an improvement will motivate them to continue trying at a difficult task.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program. For more information go to www.triplep-parenting.net or contact Donna Jasper 96352216 donna.jasper2@health.wa.gov.au

Winter Sport Registration

Hello Everyone the online registration links for 2019 are now open. All registrations MUST be completed online again this year.

AUSKICK for boys and girls in Kindy to Year 2

Your child needs to be turning 5 in 2019 for the registration to go through, this minimum age is set by Auskicks National program.

Cost is \$70 and again is set at a National level – this will include an Auskick pack posted directly to your child.

Link to Auskick registration is: <http://www.aflauskick.com.au/#/centre-finder-panel> (Type in Kellerberrin to find our Club)

****Apply for Kidsport Funding first if you are eligible, you will need the Kidsport code BEFORE you register!**

JUNIORS for boys and girls in Year 3 to Year 8

Date of birth must fall between 30 June 2005 and 30 June 2011 – if your child's Date of Birth isn't in the correct range then you won't be provided the item box to select on the registration page.

Cost is \$45 this year – if you are not prompted to pay online then your application won't have been processed correctly – please email kellerjuniorfooty@gmail.com if this occurs.

If you are registered with another football club, you will need to email details to us to investigate kellerjuniorfooty@gmail.com

Junior registration link:
<https://membership.sportstg.com/regofrm.cgi?aID=26303&pKey=4e0f1fdb278ca89ce99091fb2608ec54&cID=248306&formID=36056>

****Apply for Kidsport Funding first if you are eligible, you will need the Kidsport code BEFORE you register!**

KIDSPORT

Apply for **Kidsport funding** now, **MUST BE ONLINE** – the link to the website is: <https://www.dsr.wa.gov.au/funding/individuals/kidsport/apply-for-kidsport>

You will be given a code that will need to be entered when you register for either junior football or Auskick.

Information: The junior games will again be played on Friday nights in 2019. Players are expected to arrive by 5:00 pm for warm up and the games will commence at 5:30 pm.

Training for juniors only will be on Wednesday evenings from 5:00 pm – the start date will be confirmed as soon as all coaching positions are filled.

Parents/carers will be required to help out with some duties during the season- goal umpiring and/or jumper washing (the committee and umpires can show you how it's done if your unsure – it's very easy).

Junior players will be given the opportunity to play before KATS league games when they are playing Beverley, Quairading and Cunderdin as these town have juniors that are keen to play.

Auskick will be held on Friday evenings from 5:30 pm for up to an hour – parent support is much appreciated in running these sessions.

The Kellerberrin Junior Football Club look forward to supporting your children in 2019 and we look forward to you all helping us out wherever you can.

Many thanks,

Kerry Forsyth

Secretary for KJFC 2019

FRIDAY MARCH 29TH

Twilight Markets

CENTENARY PARK KELLERBERRIN

CASH ONLY EVENT, FREE ENTRY
BYO ALCOHOL

GRAZING PLATTERS, HOT LAMB ROLLS,
SAUSAGE SIZZLE, ICE CREAMS,
DRINKS, ON MY TABLE, A NICHOLL IN
TIME, CHERYLS BAGS, LITTLE KNOTS,
LEE'ANNE INNES ART, LAKESIDE
PLANTS, LITTLE FLOWER DESIGNS, MEG
& MAC CREATIVE, CAKE STALL, FACE
PAINT, KIDS NOVELTIES, TREATS AND
MORE.

4.00PM-8.00PM

Please support the Kellerberrin P&C

Dress up as your favourite
Movie Characters
DISCO

Friday 12th April
 Cunderdin CRC Function Room

\$2 ENTRY

Pre-Primary - Year 5 5:30pm - 6:45pm
 Years 6+ 7:00pm - 8:15pm

Dress up as your favourite movie character!
 Please RSVP by 8th April 2019
 If you have any queries please feel free to contact our friendly staff at the Cunderdin CRC.
 Phone: 9635 1784 Email: cunderdin@crc.net.au

Brought to you by:
 Cunderdin Community Resource Centre
Your local connection

CUNDERDIN K9'S IN THE PARK 2019



Sunday 7th April
 O'Connor Park, Cunderdin



Registration: 9:45am

The cost for registration is \$5.00 per person or \$10.00 per family! This includes participating in all games, parades and awards. All money raised stays in Cunderdin to buy dog food and products for A1 Wheatbelt Dog Rescue York

- 🐾 Alex Tippett - Professional dog trainer
- 🐾 Dr Judi Moore - Moore Mobile Veterinary Services
- 🐾 Raffles - Hot Air Ballooning and more
- 🐾 Doggy games/obstacle course
- 🐾 Sausage sizzle
- 🐾 Doggy hydro bath. DIY bathing and limited drying towels so bring your own if possible!
- 🐾 Fashion Parade
- 🐾 Stalls - Stallholders Wanted!
- 🐾 Prize for the most obedient dog
- 🐾 Awards for best dressed pair, best dressed owner and best dressed dog!
- 🐾 DRESS-UP THEME: Movie Characters



For more information or to be a stallholder please contact the Cunderdin CRC on 9635 1784 or email us on cunderdin@crc.net.au



Go Health!

Playing video games too much

Video gaming has become a popular activity played by children. Gaming behaviour varies between each child and may appear harmless, however parents need to be aware of the signs that a child's gaming behaviour may be interfering with other aspects in their lives.

Children that lose interest in other activities, play video games for long periods of time and neglect other aspects of their lives, such as sleep, have the potential to develop a video game obsession.

Reduce your child's screen time to no more than 2 hours per day and promote active play. Avoid problems that come with video games by playing in moderation and encourage your child to do other activities and hobbies they like.

Video game obsession can impact many aspects of your child's life, including physical health, mental health, social interactions and functioning, and school performance.

For more information visit <https://raisingchildren.net.au/teens/entertainment-technology/gaming-gambling/video-games-apps> or see your local School Health Nurse.

Quick Tip

Parents can help their children develop healthy video game habits by:

Agreeing in advance how long they can play for and when they can play e.g. before dinner or not before bedtime

Encouraging breaks and teaching them to know when to stop playing – help your child notice when they've been sitting still for a while or if they're becoming frustrated and cross

Manage smartphone notifications so your child doesn't feel the pressure to play outside of their allocated time

Encourage your child to check the age rating of a game before asking you whether they can download it

Recipe Link

<https://livelighter.com.au/Recipe/515/home-made-pizza>

