



TPS Bulletin

Term 1 Week 6

12 March 2019

A Message From the Principal

Congratulations to all the students who competed in the swimming carnival on Friday. It was a great day and the students demonstrated positive sportsmanship and team work. Thank you to Meckering Primary School for hosting the event and all the parents, caregivers and grandparents who came to cheer the students on.

Mr Sims has been working hard on the upkeep of the school grounds and the lawn area is really starting to grow now. Hopefully we will be back out on the lawn playing cricket soon.

The year 3/4 class has been writing stories about hidden treasures. They have chosen one character and one setting of the story to describe in detail. Next week they will put their stories together and make a class book for everyone to enjoy.

Breakfast Club has been a hit over the past few weeks with the students enjoying pikelets, toasted sandwiches, milo and toast. Also we had bacon and egg burgers at the welcome breakfast for everybody to enjoy. A big thank you to all the staff here at Tammin Primary School who always provide a great start to the day with lots of special treats.

At our early close staff meeting, we have been working on whole school planning and assessments. A priority for 2019 is the focus on reading and comprehension skills. The school has recently purchased a guided reading package which has over 20 fiction and non-fiction books within 13 levels. The books will be used in class with each student placed in a group according to their reading ability. This will give the students a chance to work at their ability level and move through accordingly.

We have noticed an increase in smoke from burning off around town and ask that you ensure that any student requiring an asthma puffer has one their school bags at all times.

Have a great week!

Sarah Sims

K/PP/1/2

We have been super busy having lots of fun and learning new things every day! Our Kindy children have settled in fantastically, as well as our new students and our PP-2 students are being great role models.

Each week in Kindy and Pre-Primary, we explore a new sound – this looks a little different for each year level, with different expectations required for each. This week we are exploring the ‘i’ sound. On Monday we found insects frozen in ice, classified insects, made insect jars and painted iguanas using our footprints!



Science

Chase: “In Science we are learning about the weather.”

Nelliah: “Today we learnt about clouds, clear sky and cloudy sky.”

Charlotte: “When there are no clouds in the sky, it is called clear sky.”

Romeo: “When the sky is all covered in clouds, it is called overcast.”

Kye: “Today about 50% of the sky is covered in clouds, so I would call it a partly cloudy day.”

On Mondays we participate in a cooking activity to do with the sound we are learning. So far, we have made sultana scones, avocado dip and tacos! This week we had to be very creative and we made igloos using ice cubes and water!! Ask us how tricky it was!! The Pre-Primary students attempt to write about their cooking experiences and are learning about the formation of sentences.



Interschool Swimming Carnival– this Friday

Congratulations to the members of the Interschool Swimming Team who will compete in Cunderdin this Friday 15 March.

Sam	Griffen
Lincoln	Alex
Sophie	Mitch
Brooklyn	Alexis
Clare	

Tennis

WE WOULD LIKE TO WISH OUR 2 TENNIS TEAMS ALL THE BEST FOR THIS THURSDAY AS THEY TRAVEL TO BEVERLEY TO COMPETE IN THE SUNSMART SCHOOL TENNIS CLASSIC EVENT.

Clare	Alexis
Brooklyn	Mitch
Alex	Campbell
Rohan	Noah

SCHOOL COUNCIL BALLOT

School Council Ballots have been sent home today. Please return ballots before Wednesday 20 March at 3:10pm. One vote per family.

STUDENT OF THE WEEK

Campbell

CONGATULATIONS Campbell

Tammin-Meckering Swimming Carnival

Congratulations to all students for an excellent display of swimming and sportsmanship at our recent carnival. Thank you to Mrs Whisson and staff from Meckering Primary School for organising another wonderful carnival. Thank you to parents and caregivers who volunteered their time to assist with time keeping and as lane judges, also for transporting students to and from the pool so they can enjoy this event. Finally, thanks to Mrs Thomson, who's swimming qualifications come in very handy as stroke judge and safety person.

RESULTS

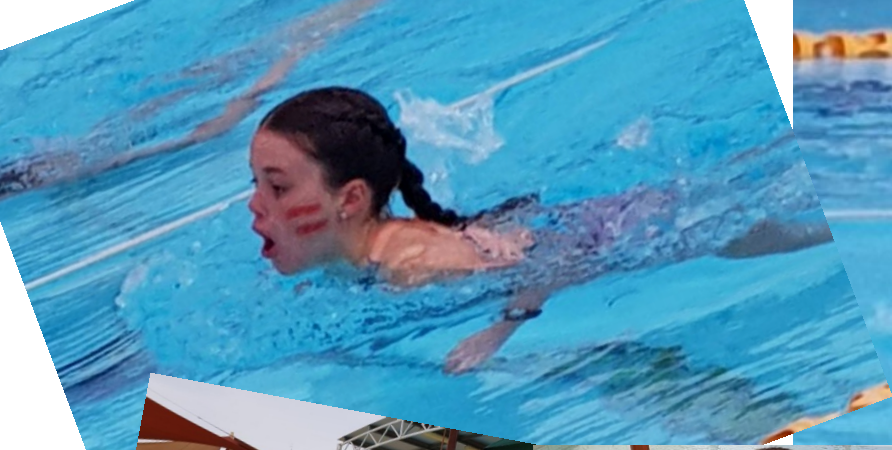
Champion Shield—Meckering Handicap Shield-Red

MAJOR	Points	Place	HANDICAP	Total	Place
Meckering	584	1	134	718	2
Blue	318	3	0	318	3
Red	536	2	186	722	1

Individual Results

Year	Champion		Runner Up	
3/4 Girl	MECKERING	M	SOPHIE	BLUE
3/4 Boy	SAM	RED	LINCOLN	RED
5/6 Girl	ALEXIS	RED	BROOKLYN	RED
5/6 Boy	ALEX	RED	MECKERING	M





Tammin Parents and Citizens Association

The Next meeting of the Tammin Parents and Citizens Association will be the AGM. There are several positions up for election including President, Vice President and Treasurer. Following the AGM there will be a general meeting.

WEDNESDAY 20 MARCH 7:00PM Venue TBC.

Please send any agenda items, correspondence and apologies to Samara.



TRIPLE P NEWSLETTER

By Professor Matt Sanders

It's tough being a parent but it's easy to fall into one of the common parenting traps.

The criticism trap is when there are frequent power struggles with your child. The situations escalate from criticising to threatening and yelling. This type of discipline often backfires. The parent's anger makes the child and parent resentful and hostile. If these kinds of battles take place frequently, it's time to try a new way of handling the situation.

The "leave them alone" trap involves the parent simply not acknowledging their child when they are behaving well. If good behaviour is taken for granted it may be replaced with the misbehaviour that receives more attention. A basic principle of positive parenting is to praise behaviours you would like to see more often.

The "for the sake of the children" trap occurs when parents in unhappy marriages stick doggedly to the same marriage routines, for the sake of the children, rather than addressing the problems constructively.

The perfect parent trap. There is no such thing as a perfect parent and trying to be one will only lead to disappointment, resentment, guilt, and feelings of inadequacy.

The martyr trap is one where parents become so over-involved in the task of parenting they neglect their own needs. The parents' relationship suffers and may end in feelings of dissatisfaction and resentment. Quality parenting can only happen when adults have their own lives in balance.

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program. For more information go to www.triplep-parenting.net or contact Donna Jasper 96352216 or donna.jasper2@health.wa.gov.au

Voluntary Contributions

Voluntary contributions can now be paid. Please find a copy of the contributions and charges below. The school bank details if you prefer to use EFT are BSB 086732 AC 508369140 Tammin Primary School.

2019 Charges and Voluntary Contributions – Years K - 6										
VOLUNTARY CONTRIBUTIONS		CHARGES – Extra Cost Options								
Curriculum Areas		<i>These costs are the estimated maximum cost and may be requested for incursions, excursions, camps or graduation during the school year.</i>								
ITEM		K	P	1	2	3	4	5	6	
The Arts	\$10.00									
Literacy	\$13.00	Incursions/Excursions	\$70.00	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00	\$100.00
Numeracy	\$13.00	Year 6/7 Graduation								\$40.00
Society & Environment	\$5.00									
Science	\$5.00									
Physical Education	\$4.00									
Subtotal Voluntary Contributions	<u>\$50.00</u>									

TOTAL PAYABLE	\$50.00
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A range of payment options are available and may be negotiated with the school. Contributions are payable by Monday 18 March 2019.

For more than one child attending TPS, a contribution discount applies:

- 2 Children \$90.00
- 3 or more Children \$120.00

School Council endorsed the level of Charges and Voluntary Contributions 12/10/2018.

Coming up...

- ⇒ Thursday 14 March - Breakfast Club
- ⇒ Thursday 14 March - Tennis Team -Beverley
- ⇒ Friday 15 March - Interschool Swimming Carnival Cunderdin
- ⇒ Wednesday 20 March - School Council Ballots due 3:10pm
- ⇒ Wednesday 20 March - P & C AGM 7:00pm Venue TBC
- ⇒ Thursday 28 March - Year 5/6 Assembly 9:00am
- ⇒ Friday 12 April - Final day term 1, student portfolios home

Go Health!

Head lice

Head lice are small biting insects that live and breed on your head. They reproduce by laying eggs on the hair shaft, the part of your hair closest to the scalp. Head lice are spread between people when head-to-head contact, such as hugging and playing, is made with someone who does have head lice.

Head lice can cause an itchy feeling on your head, although this itchiness may take weeks to develop and some may not experience this symptom at all. In most cases, you will need to look at the hair to see if lice are present.

Checking for head lice

Head lice can move very quickly and be hard to spot in dry hair.

To check for head lice:

Know what you are looking for. Adult lice are usually dark brown and about 3 mm long, young lice are a lighter brown colour and smaller, and eggs will be attached to the hair shaft.

Comb plenty of conditioner (any brand) through dry hair and comb hair in sections using a very fine-tooth 'nit comb'.

Wipe the waste from the comb on a white paper towel regularly and inspect for lice and eggs in strong light e.g. sunlight.

If head lice are found, check the rest of the family at home for lice and inform your school. Start a treatment method and once completed, continue to check hair weekly for further outbreaks.

For more information about head lice treatment see https://healthywa.wa.gov.au/Articles/S_T/Treating-head-lice

Quick Tip

Head lice can be easily spread between children at school, so remind your child to avoid head-to-head contact. To prevent outbreaks, check hair regularly for head lice and eggs, tie long hair back and avoid sharing combs and brushes.

Recipe Link

<https://livelighter.com.au/Recipe/347/spaghetti-bolognese>

