



# TPS Bulletin

Term 3, Week 7

28 August 2018

## **Athletics Carnival**

**The Tammin-Meckering Athletics Carnival will be held for PP-year 6 students this Friday 31 August at the Tammin Oval. Programs have been sent home today, please bring the program with you on Friday as there will not be any programs available on carnival day. A copy will also be emailed.**

## **Kindergarten/Pre Primary and Secondary Enrolments 2019**

Kindergarten enrolments are now open for children turning 4 years old by 30 June 2019. Enrolments are also open for those Pre Primary, the first year of compulsory school, students not already enrolled. This would mean children turning 5 years old by 30 June 2019. Orientation will be held in weeks 8 and 9 of term 4. Information will be sent out early in term 4 to those families with students enrolled.

All students starting year 7, their first year of secondary school, are required to enrol in the secondary school of choice.

More information on enrolments can be found on the Department of Education website.

<https://www.education.wa.edu.au/enrolling-in-school>

If you would like to enrol your child please contact the school for an enrolment form. Original birth certificates and immunisation records are required on enrolment. Enrolment forms are also available on the school website.



## Scitech

The year 2/3/4's enjoyed a trip to the Meckering Hall on the bus last Tuesday. Thanks Mrs Bradley for driving the bus for us again! Thanks also to the Cunderdin CRC for organising the event as part of Science Week and inviting us. The best part of the day was definitely the Mentos explosion at the end!



We enjoyed the most impressive, delicious fruit platters!



## **Year 5/6 Goldfields camp**

**On the 20th of August the year 5/6's went to school camp in Kalgoorlie. My favourite part was when we got to go to the indoor swimming pool at 6:30pm. We got in a massive inflatable obstacle course and played on it all night. It was amazing and I wish I could do it again. Brooklyn**

**The year 5/6 camp was an incredible experience for all of us. Our bus driver was really nice and so was the camp school and I couldn't have asked for anything more. Clare**

**My favourite thing at camp was the disco because we played musical bobs and musical statues. Rohan**

**What I liked mostly was going to find gold at Lake Douglas. We all got to have a piece of gold. Cheryl**

**My favourite part was panning for gold and crushing rocks. The camp school was awesome! Campbell**

**My favourite part of camp was when we went to the cinemas and watched Hotel Transylvania 3! It was a good movie and very funny! Ree-anna**

**My favourite part of the camp was when we got to go into a small tent with a hologram of Paddy Hannan. He told us about the first gold nugget. Alex**

**My favourite part of going to Kalgoorlie was when we went on a tour through the Super Pit and we got to look at the big dump trucks coming up the Super Pit. It was pretty amazing and scary. Shonelle**

**My favourite activity we did at camp was visit the Hannans North Tourist Mine because we got to mine for gems and gold. We also did a cool activity trail. I loved using the map to locate stars around the mine as well as finding out some amazing facts., like, the Super Pit can get up to 60 degrees Celsius in the summer. Zoe**

**I really enjoyed travelling to the Kalgoorlie and Boulder Town halls. I found it really fascinating the way the curtains were made in the Boulder Hall. This work is the only work left of the artist who painted it. Ally**

**My favourite activity on camp was when we got to go to the Super Pit. It was huge and there was a big explosion but we missed it. I was so excited about watching the big explosion in the Super Pit 600 meters deep. Codie**

**My favourite part of the camp was going to the Hannans North Adventure Park where we panned for gold and diamonds. We also went up on a massive loader. Rian**

**My favourite part of the camp was line dancing and the disco but I wasn't up that much , I fell asleep on the chair! My second was the cinema where we got to watch Hotel Transylvania 3 and Lexie was next to me being funny! Nerida**







# Year 5/6 Goldfields Camp







# Go Health!

## Colds

Upper respiratory tract infections or colds are everywhere, especially in winter, so it is almost impossible to stop children from catching them. Here are some points which may help:

- Teach your child to cover his/her nose and mouth when coughing or sneezing, and to wash hands straight afterwards.
- Hands should be washed after blowing noses and before eating.
- Use tissues once and then throw them in the bin. (Avoid using handkerchiefs.)
- Keep your child home from school if he/she has a cold/cough/fever/pain.
- Make sure that your children eat a balanced diet of plenty of healthy foods.

Keep children away from smoke – it irritates their eyes and nasal passages, making it more likely that they will catch a cold.

### Differences between colds and influenza ‘the flu’:

- Symptoms of a cold usually include a runny or stuffy nose, a sore throat and a moist cough.
- With influenza ‘the flu’, the virus is more debilitating and the symptoms last longer than with a cold. Common symptoms of influenza include headache, body aches and pains, fatigue, weakness, and a dry or moist cough. A runny or stuffy nose and a sore throat are less common than with a cold. The flu can lead to serious complications, which can be fatal.

You can help prevent influenza ‘the flu’ by getting your child vaccinated each year. Vaccinations are free for children aged 6 months to less than 5 years of age.

## Quick Tip

### What to do if your child gets a cold:

No treatment will cure a cold or make it go away more quickly, but you can help your child feel more comfortable:

- Rest: This need not be in bed.

Provide extra drinks: If your child doesn’t want to drink much, try giving lots of small sips of water, milk or juice, or ice blocks to suck for older children.

If your child has symptoms of the flu or you have concerns about their health, please contact your GP, or ring healthdirect on 1800 022 222 for further advice [www.healthdirect.gov.au](http://www.healthdirect.gov.au).

For further information visit: <http://www.healthywa.wa.gov.au/Health-conditions/Cold-and-flu>

## Recipe Link

<https://livelighter.com.au/Recipe/45/lamb-shank-casserole>



## Coming up...

- ⇒ Wednesday 29 August-P & C Soup \$3.00
- ⇒ Thursday 30 August-Breakfast Club
- ⇒ Friday 31 August-Tammin-Meckering Athletics  
Carnival, Tammin
- ⇒ Thursday 13 September-Assembly K/IP/1 9:00am
- ⇒ Friday 14 September-Interschool Athletics Carnival-  
Dowerin
- ⇒ Friday 21 September-Final day term 3