



# TPS Bulletin

Term 1, Week 11

10 April 2018

## ATTENDANCE

This Friday is the final day of term 1. This is not an excuse to have an additional day off school. This term, attendance rates on Friday's have been poor, with 18% of our students being absent on Friday's. This has an impact on our whole school programs. On Friday classrooms will run all programs as usual. If the disappointing attendance rate does not improve in term 2, we will be forced to reconsider early close on Friday's and move it back to Tuesday afternoons.

## Every Day Counts!

If your child misses 1 day per fortnight that equals 1 month per year and adds up to missing nearly **1 1/2 years of school**. ie 90% attendance rate.

If your child misses 1 day per week that equals 2 months per year and adds up to missing nearly **2 1/2 years of school**. ie 80% attendance rate.

If your child misses 2 days per week that equals 4 months a year and adds up to missing nearly **5 years of school** ie 60% attendance rate.

If your child misses 3 days per week that equals to 6 months per year and adds up to nearly **8 years of school** ie 40% attendance rate.

Thank you Miss Yearsley **PRINCIPAL**

## **STAFF**

Miss Yearsley is on leave this week. Mrs Ralston is in the office Monday and Tuesday. Miss De Cinque teacher-in-charge Wednesday, Thursday and Friday. In term 2 Mrs Carolyn Dixon will do DOTT relief on Monday's in year 2/3 and Tuesday's in K/P/1.

## **Documented interviews with teachers**

Last opportunity for parents and caregivers to book a documented interview. There will be no interviews held on Friday afternoon as teachers have their early close meeting.

## **HOT DOGS!**

This Friday, the last day of term 1, Mrs Bradley is going to make hot dogs for lunch. Please bring normal lunch if you prefer not to have a hot dog.

## **Shirt Survey**

Thank you for the incredible response to our shirt survey. The survey is now closed. More information in term 2.

## Ralston Family

We bid a sad farewell from the Tammin school community to the Ralston Family today. Mrs Kelly Ralston has been an amazing leader and teacher at the school, her input and contributions will be missed by all staff and students. Mr Ralston has been helping out with P & C and has always been on hand to support the school. We wish Kelly, Jason, Alexander, Alannah and Evie all the very best for the future. We hope to see you all when you visit Tammin.

## PORTFOLIOS

Term 1 portfolios will be sent home with students this Friday 13 April. Portfolios not collected will be sent home in term 2.

## Coles Vouchers

Please send in your vouchers so we can send them off for tallying. We have over 3000 vouchers already!

## School Development Day

The first day of term 2, Monday 30 April, is a school development day. There is **no school** for students.

**Students return to school on Tuesday 1 May.**

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## *Voluntary Contributions*

Voluntary contributions can be paid directly into the school bank account using the following details:

TAMMIN PRIMARY SCHOOL

**BSB 086732**

**ACCOUNT 508369140**

\$50 per student

2 students \$90

3 or more students \$120

Please use your family name as reference.



🐏 Please join us on Friday 13th of April for the Pink Day at Cardiff Shearing shed. 🐏

🐏 Shearing for Liz is on again raising funds and supporting National Breast Cancer Australia 🐏

Any donation of \$100 and over goes towards this great cause - and includes refreshments and pizza dinner, later in the day.

Once again we have been generously supported by so many caring businesses.

Come any time during the day, wear your pink and share your story.



# Go Health!

## Soft drinks, fruit juices and cordials

Did you know that soft drinks, fruit juices and cordials are strongly linked to being overweight in children?

In our modern society, very few children use up enough energy to take on the extra calories of 'treat' foods and drinks. Research shows there is a very strong link between consumption of 'treat' drinks (soft drinks and other sweet drinks) and being overweight in children.

Provide water for children as the standard, everyday drink and offer soft drinks only on special occasions. Give children fresh fruit instead of fruit juice.

Find out the facts about sugary drinks by visiting LiveLighter: <https://livelighter.com.au/The-Facts/About-Sugary-Drinks>

### Quick Tip

Plain tap **water** is the best drink choice. It's cheap, quenches your thirst and has no kilojoules. Buy a plastic water bottle so you can take your own water everywhere you go. Keep water in the fridge so you can have cold water to drink whenever you're thirsty.

### Recipe Link

<https://livelighter.com.au/Recipe/510/frozen-fruit-ice-cubes>





## Mindfulness

We can often spend time with full and tangled thoughts constantly whirling around our minds and then we miss the joy of the present moment. When you're mindful, you're able to pay attention to the present moment, and not get swept up thinking about the past or worrying about the future.

Mindfulness has been shown to help manage stress, build resilience and compassion, improve focus at work or in the classroom and can help with creativity and collaboration.

Adults and children can benefit from mindfulness, especially those who have a busy or restless mind or are experiencing stress, anxiety or other mental health issues.

## Quick Tip

To learn about mindfulness for children and young people go to <https://www.kidsmatter.edu.au> or <http://au.reachout.com>. If you would like to try an online mindfulness meditation program for yourself or your child check out [www.smilingmind.com.au](http://www.smilingmind.com.au).

## Recipe Link

<https://livelighter.com.au/Recipe/253/balsamic-beef-salad>

## Coming up...

- ⇒ Friday 13 April—Final day term 1 **HOT DOG LUNCH!**
- ⇒ Monday 30 April—School Development Day—No students
- ⇒ Tuesday 1 May—First day term 2 for students
- ⇒ Thursday 10 May—Luke Kennedy—Anti Bullying talk
- ⇒ Tuesday 15 to Thursday 17 May NAPLAN

## 2018 Art Prize

Congratulations to all students for the stunning display of art on the weekend at the Tammin Art Prize. The following students were recognised for first and highly commended. Prizes and certificates will be awarded on Friday.

The art is on display in the office.

<b>School Section</b>		
<b>BUTTERFLY SECTION</b>		
<b>Title</b>	<b>Artist</b>	<b><u>Judges Comments</u></b>
Butterfly	Amelia	<b>1st</b> - Great shapes and colours.
Butterfly	Brody	<b>HC</b> - Lots of good shapes.
<b>POP STICK WORK</b>		
<b>Title</b>	<b>Artist</b>	<b><u>Judges Comments</u></b>
Year 4	Mitch	<b>1st</b> - For a good outline of the letter 'M'.
Year 4	Milly	<b>HC</b> - For lovely colours.
Year 5	Clare	<b>1st</b> - For imaginative shapes.
Year 5	Rohan	<b>HC</b> - For a good range of colours.
Year 6	Nerida	<b>1st</b> - For all the bright colours.
Year 6	Codie	<b>HC</b> - For using good, strong colours.
<b>PP - YEAR 6 ART WORK</b>		
Pre Primary	Alannah	<b>1st</b> - For the lovely purple.
Pre Primary	Chase	<b>HC</b> - For a good shape.
Year 1	Mardi	<b>1st</b> - For making a nice blue.
Year 1	Tyson	<b>HC</b> - For making a lot of purple.
Year 2	Dylan	<b>1st</b> - For the amazing.
Year 2	Sophie	<b>HC</b> - For the gentle rain drops.
Year 2	Ashley	<b>1st</b> - It looks so wet.
Year 3	Makayla	<b>HC</b> - For the nice puddles.
Year 4	Mitch	<b>1st</b>
Year 4	<u>Maylee</u>	<b>HC</b>
Year 5	Nicholas	<b>1st</b> - For such bright shapes.
Year 5	Alexis	<b>HC</b> - For interesting patterns.
Year 6	Tess	<b>1st</b> - Tess for such a good 'T'.
Year 6	Rian	<b>HC</b> - For good strong colours.